



Willows of Arbor Lakes

11955 80th Avenue North, Maple Grove MN

First Floor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 May Day	2	3	4	5 Cinco De Mayo	6 Kentucky Derby
	10:45 Exercise with Bands	10:45 Worship Music	10:45 Flexibility & Motion	10:45 Isometric Exercises	10:45 Chair Cardio	10:45 Paddle Balloon
	11:45 May Day Stories	11:45 Past Times	11:45 Name 3	11:45 Famous Proverbs	11:45 Knock, Knock Jokes	11:45 What Am I?
	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
	2:00 Flower Lamp Craft	2:00 UNO Card Game	2:00 Rock 'N' Roll Dice Game	2:00 BINGO	2:00 Mexican Dip & Chips	2:00 Horse Sense Game
	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
	4:00 Dominoes	4:00 Shake a Memory	4:00 I have Never...	4:00 Beat That Dice Game	4:00 Double Dip Game	4:00 Over or Under Game
	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper
6:10 Manicures	6:10 Evening Walks or Wheels	6:10 Readers Corner	6:10 Puzzles	6:10 Room Visits	6:10 Social Hour	
7	8 Entertainment	9	10	11	12	13
10:45 Sunday Service ✝	10:45 Flexibility & Motion	10:45 Worship Music	10:45 Isometric Exercises	10:45 Chair Cardio	10:45 Exercise with Bands	10:45 Balloon Toss
11:30 Sunday Hymns	11:45 Cliches	11:45 Famous Couples	11:45 Music Trivia	11:45 Finishing Lines	11:45 Say the Last Word	11:45 True or False
12:00 Sunday Brunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
2:00 PO-KE-NO Game	1:15 Patrick Allen-entertainer	2:00 Yahtzee	2:00 Scrabble Game	2:00 BINGO	2:00 Sweep Six Game	2:00 UNO Card Game
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
4:00 Can You Name It?	4:00 Would You Rather	4:00 Word in a Word Game	4:00 Everest Dice Game	4:00 Name That Tune	4:00 What Am I?	4:00 Outburst Game
5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper
6:10 Cranium Crunches	6:10 Evening Walks or Wheels	6:10 Puzzles	6:10 Room Visits	6:10 Readers Corner	6:10 Manicures	6:10 Social Hour
14 Mother's Day	15	16	17	18	19	20 Happy Birthday Violet
10:45 Sunday Service ✝	10:45 Chair Yoga	10:45 Bible Stories with Russ	10:45 Flexibility & Motion	10:45 Chair Cardio	10:45 Exercise with Balls	10:45 Flyswatter Balloon
11:30 Sunday Hymns	11:45 Presidential Trivia	11:45 Famous Firsts	11:45 Memory Street	11:45 Fascinating Facts	11:45 Food for Thought	11:45 Just Joking
12:00 Mother's Day Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
2:00 Lucky Dog	2:00 Suncatcher Craft	2:00 Cookie Dog Visit	2:00 Sevens Card Game	2:00 BINGO	2:00 L-R-C Dice Game	2:00 Scratch Painting
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
3:30 Root Beer Floats	4:00 Brain Quests	4:00 Been There Word Game	4:00 Zero Difference Dice Game	4:00 Dominos	4:00 Would You Rather...	4:00 Hot Seat Word Game
5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper
6:10 Social Hour	6:10 Readers Corner	6:10 Evening Walks or Wheels	6:10 Room Visits	6:10 Cranium Crunches	6:10 Puzzles	6:10 Manicures
21	22 Entertainment	23	24 Happy Birthday Janet F.	25	26	27
10:45 Sunday Service ✝	10:45 Sit & Stretch	10:45 Bible Stories with Russ	10:45 Exercise with Bands	10:45 Chair Yoga	10:45 Chair Cardio	10:45 Balloon Toss
11:30 Sunday Hymns	11:45 Finish the Phrase	11:45 Fact or Fiction	11:45 Rhyme Time	11:45 Table Trivia	11:45 Famous Women	11:45 Who Am I?
12:00 Sunday Brunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
2:00 Scrabble Game	2:00 Dominoes	2:00 Jewelry Making Class	2:00 Help Your Neighbor Cards	2:00 BINGO	2:00 Dice Bowling	2:00 Sweep Six Dice Game
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies
4:00 Name 5 Word Game	3:15 Keytones-entertainer	4:00 I Have Never...	4:00 Shake a Memory	4:00 Outburst Game	4:00 Word in a Word Game	4:00 Who Am I?
5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper
6:10 Social Hour	6:10 Manicures	6:10 Puzzles	6:10 Evening Walks or Wheels	6:10 Readers Corner	6:10 Room Visits	6:10 Social Hour
28	29 Memorial Day	30	31 Happy Birthday Barbara	 <div data-bbox="2299 1552 2937 1723" style="border: 1px solid black; padding: 5px;"> Weather permitting-we will be spending time on the patio listening to music, gardening, animal watching and enjoying the warm weather! </div>		
10:45 Sunday Service ✝	10:45 Chair Yoga	10:45 Bible Stories with Russ	10:45 Exercise with Balls			
11:30 Sunday Hymns	11:45 Memorial Day Trivia	11:45 Famous Men	11:45 Can You Name It?			
12:00 Sunday Brunch	12:00 Lunch	12:00 Lunch	12:00 Lunch			
2:00 Yahtzee	2:00 Poppy Field Collage Craft	2:00 Cookie Dog Visit	2:00 Skip-Bo Card Game			
2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies	2:45 Coffee & Cookies			
4:00 Manicures	4:00 Happy Hour	4:00 7-Up Word Game	4:00 Can You Name It Word Game			
5:00 Supper	5:00 Supper	5:00 Supper	5:00 Supper			
6:10 Cranium Crunches	6:10 Readers Corner	6:10 Room Visits	6:10 Puzzles			

Contact Shelley Merkley, Activity Director at 763-777-8691 for any additional information.

April 3- Dementia/Alzheimer's support group held at the 2nd floor community room in Arbor Lakes at 5:00.

April 3- Family Council Meeting held at the 2nd floor community room in Arbor Lakes at 6:15.