

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p><b>The Willows of Ramsey Hill</b> 80 North Mackubin Street, St. Paul MN</p> <p><b>September 2022</b> <b>3<sup>rd</sup> Floor Garden Cove</b></p>					<p><b>1</b> 10:30 a.m. STRETCH &amp; STRENGTH 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. SING ALONG 3:30 p.m. BINGO! 4:45 p.m. WOULD YOU RATHER? 5:00 p.m. DINNER</p>	<p><b>2</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:00 p.m. LIVE MUSIC: "Jeff Brueske" -2<sup>nd</sup> Floor 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>3</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BEAN BAG TOSS 3:30 p.m. COOKIE HOUR 4:45 p.m. WEIRD &amp; WACKY FACTS 5:00 p.m. DINNER</p>
<p><b>4</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BINGO! 3:30 p.m. COOKIE HOUR 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>5 HAPPY BDAY MIEKO!</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:30 p.m. PATIO PALS 2:30 p.m. COOKIE HOUR 4:45 p.m. MUSIC MELODY 5:00 p.m. DINNER</p>	<p><b>6</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. POLKA SPOTLIGHT 3:00 p.m. ROOTBEER FLOATS 4:45 p.m. ROCK &amp; ROLL 5:00 p.m. DINNER</p>	<p><b>7</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. HANGMAN 2:30 p.m. BLACKJACK 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>8</b> 10:30 a.m. STRETCH &amp; STRENGTH 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. SING ALONG 3:30 p.m. BINGO! 4:45 p.m. WOULD YOU RATHER? 5:00 p.m. DINNER</p>	<p><b>9</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:00 p.m. SEPTEMBER BIRTHDAY PARTY! -1<sup>st</sup> Floor 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>10</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BEAN BAG TOSS 3:30 p.m. COOKIE HOUR 4:45 p.m. WEIRD &amp; WACKY FACTS 5:00 p.m. DINNER</p>	
<p><b>11</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BINGO! 3:30 p.m. COOKIE HOUR 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>12</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. MANICURES 2:30 p.m. COOKIE HOUR 4:45 p.m. MUSIC MELODY 5:00 p.m. DINNER</p>	<p><b>13 HAPPY BDAY PATRICK!</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. POLKA SPOTLIGHT 3:00 p.m. ROOTBEER FLOATS 4:45 p.m. ROCK &amp; ROLL 5:00 p.m. DINNER</p>	<p><b>14</b> 10:00 a.m. COMMUNION WITH TIM -3<sup>rd</sup> Floor 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 1:15 p.m. PATIO PALS 2:30 p.m. BLACKJACK 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>15</b> 8:45 a.m. MADE TO ORDER BIRTHDAY BREAKFAST 10:30 a.m. STRETCH &amp; STRENGTH 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:00 p.m. LIVE MUSIC: "Monroe Wright III" -2<sup>nd</sup> Floor 4:45 p.m. WOULD YOU RATHER? 5:00 p.m. DINNER</p>	<p><b>16</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. SING ALONG 3:30 p.m. BINGO! 4:45 p.m. YOU BE THE JUDGE 5:00 p.m. DINNER</p>	<p><b>17</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BEAN BAG TOSS 3:30 p.m. COOKIE HOUR 4:45 p.m. WEIRD &amp; WACKY FACTS 5:00 p.m. DINNER</p>	
<p><b>18</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BINGO! 3:30 p.m. COOKIE HOUR 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>19</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. MANICURES 2:30 p.m. COOKIE HOUR 4:45 p.m. MUSIC MELODY 5:00 p.m. DINNER</p>	<p><b>20</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. POLKA SPOTLIGHT 3:00 p.m. ROOTBEER FLOATS 4:45 p.m. ROCK &amp; ROLL 5:00 p.m. DINNER</p>	<p><b>21</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. PATIO PALS 2:30 p.m. BLACKJACK 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>22</b> 10:30 a.m. STRETCH &amp; STRENGTH 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. SING ALONG 3:30 p.m. BINGO! 4:45 p.m. WOULD YOU RATHER? 5:00 p.m. DINNER</p>	<p><b>23 HAPPY BDAY MARILYN!</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:00 p.m. LIVE MUSIC: "Darlin Jesse" -1<sup>st</sup> Floor 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>24</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BEAN BAG TOSS 3:30 p.m. COOKIE HOUR 4:45 p.m. WEIRD &amp; WACKY FACTS 5:00 p.m. DINNER</p>	
<p><b>25</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. BINGO! 3:30 p.m. COOKIE HOUR 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>26</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. MANICURES 2:30 p.m. COOKIE HOUR 4:45 p.m. MUSIC MELODY 5:00 p.m. DINNER</p>	<p><b>27</b> 10:30 a.m. EXERCISE 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 1:15 p.m. POLKA SPOTLIGHT 3:00 p.m. ROOTBEER FLOATS 4:45 p.m. ROCK &amp; ROLL 5:00 p.m. DINNER</p>	<p><b>28</b> 10:00 a.m. COMMUNION WITH TIM -3<sup>rd</sup> Floor 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 1:15 p.m. PATIO PALS 2:30 p.m. BLACKJACK 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>	<p><b>29</b> 10:30 a.m. STRETCH &amp; STRENGTH 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:30 p.m. SING ALONG 3:30 p.m. BINGO! 4:45 p.m. WOULD YOU RATHER? 5:00 p.m. DINNER</p>	<p><b>30</b> 10:30 a.m. STAY FIT 11:45 a.m. TRIVIA 12:00 p.m. LUNCH 2:00 p.m. HAPPY HOUR! -1<sup>st</sup> Floor 4:45 p.m. FINISHING LINES 5:00 p.m. DINNER</p>		

**3<sup>rd</sup> Floor**

**Contact Alissa Huebsch, ACTIVITY DIRECTOR at [651-313-5483](tel:651-313-5483) for any additional information.**

*\* PLEASE CHECK DAILY POSTINGS FOR ANY SCHEDULE CHANGES. TIMES MAY VARY ON CALENDAR OCCASIONALLY DUE TO TENANT'S PREFERENCE.*