

May 2023



Willows of Arbor Lakes Senior Living
 11955 80th Avenue North Maple Grove, MN 55369
 Chef / Reservations: 763-777-8690
 Email: joshe@willowsfarborlakes.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Noontime Dinner BBQ Country Pork Ribs with Mac & Cheese & Vegetable Du Jour Evening Supper Swedish Meatballs over Mashed Potatoes with Garden Peas	2 Noontime Dinner Seafood Newberg Pasta with Garlic Breadstick Evening Supper Italian Sub Sandwich Salami, Ham, Lettuce, Tomato and Pasta Salad	3 Noontime Dinner Korean BBQ Beef Short Ribs with White Rice & Szechuan Green Beans Evening Supper Root Beer Balsamic BBQ Pork Slider Sandwiches with Cheese Curds	4 Noontime Dinner Beef Ravioli in Rosa Sauce with Italian Vegetables Evening Supper Chicken Tenderloins with Potato Salad & Dipping Sauce	5 Noontime Dinner Pecan Crusted Tilapia with Butter Parsley Potatoes & Vegetable Du Jour Evening Supper Mongolian Beef with White Rice & Steamed Potstickers	6 Noontime Dinner Country Fried Chicken Fritter over Mashed Potatoes & Gravy & Vegetable Du Jour Evening Supper Bacon Cheddar Cheeseburger with A1 Peppercorn Sauce & Onion Rings
	7 Noontime Dinner Chef's Choice Breakfast Platter Evening Supper Chipped Beef over Toasted Bread with Peas	8 Noontime Dinner Beef Stroganoff over Egg Noodles & Vegetable Du Jour Evening Supper Sloppy Joe Sandwich with Tater Tots	9 Noontime Dinner Turkey A La King over Puff Pastry Evening Supper Loaded Baked Potato with Cheddar Cheese, Bacon Sour Cream & Chives	10 Noontime Dinner Salisbury Steak with Mashed Potato & Gravy & Vegetable Du Jour Evening Supper California Style Grilled Chicken Sandwich with Rosemary Fries	11 Noontime Dinner Chicken Chow Mein over White Rice topped with Chow Mein Noodles Evening Supper Grilled Wisconsin Beer Bratwurst on a Bun with Sauerkraut & Cheddar Pretzel Nuggets	12 Noontime Dinner Citrus Salmon with Rice Pilaf & Vegetable Du Jour Evening Supper Italian Beef Sandwich with Au Jus & 3 Bean Salad
14 Mother's Day Noontime Dinner Mother's Day Ham with Au Gratin Potatoes & Asparagus Evening Supper Bourbon Street Meatballs over Red Beans & Rice	15 Noontime Dinner Apple & Brie Stuffed Chicken Breast with Roasted Potatoes & Vegetable Du Jour Evening Supper Personal Pizza with Pasta Salad	16 Noontime Dinner Chicken Wild Mushroom Ravioli with Garlic Bread Evening Supper BBQ Pork Riblet Sandwich with Smoked Gouda Mac & Cheese Bites	17 Noontime Dinner Beef Prime Rib with Oprah Mashed Potatoes & Vegetable Du Jour Evening Supper Tempura Shrimp with Vegetable Egg Fried Rice & Yumyum Sauce	18 Noontime Dinner Beef & Broccoli Stir-Fry over White Rice with Spring Rolls Evening Supper All American Cheeseburger with French Fries & Burger Sauce Bites	19 Noontime Dinner Broiled Shrimp with Fingerling Potatoes & Vegetable Du Jour Evening Supper Beef Taco Salad with Southwest Sauce	20 Noontime Dinner Country Fried Beef Steak with Mashed Potato, Gravy & Vegetable Du Jour Evening Supper Chuckwagon Sandwich served with Potato Chips
21 Noontime Dinner Denver Style Egg Bake Ham, Peppers, Onions & Cheese with Hash Browns Evening Supper Beef Brisket Chili Bowl with Cornbread	22 Noontime Dinner Lemon Pepper Tilapia with Scalloped Potatoes & Vegetable Du Jour Evening Supper Sweet and Sour Chicken & Asian Vegetables over Rice with Cream Cheese Wonton	23 Noontime Dinner Roasted Pork Tenderloin with Baked Potato & Vegetable Du Jour Evening Supper Coconut Shrimp over Tropical Rice with Apricot Sauce	24 Noontime Dinner Homemade Meatloaf with Mashed Potatoes & Vegetable Du Jour Evening Supper Cuban Sandwich with Sweet Potato Tots	25 Noontime Dinner Beef Lasagna in Marinara Sauce & Vegetable Du Jour Evening Supper Turkey & Swiss Sandwich on Cranberry & Wild Rice Bread with Tzatziki Sauce & Pasta Salad	26 Noontime Dinner White Wine Dill Sauce Cod with Parsley Butter Potato & Vegetable Du Jour Evening Supper Pork Carnitas Burrito Bowl	27 Noontime Dinner Spaghetti & Meatballs in Marinara Sauce served with Garlic Bread Evening Supper Macaroni and Cheese with Kielbasa Sausage & Peas
28 Noontime Dinner Sausage & Cheese Egg Bake served with a Fruit Muffin Evening Supper Grilled Cheese Sandwich with Tomato Soup	29 Memorial Day Noontime Dinner Smokehouse Beef Brisket with Coleslaw & Steak Fries Evening Supper Grilled Hot Dog on a Bun with Potato Chips	30 Noontime Dinner Beef Pot Roast with Mashed Sweet Potatoes & Vegetable Du Jour Evening Supper Grandmothers Hamburger Gravy over Mashed Potatoes	31 Noontime Dinner Chicken Supreme over Egg Noodles & Vegetable Du Jour Evening Supper NY Deli Pastrami Reuben with 3 Bean Salad	Made to Order Breakfast Main Dining Room 8 AM - 9 AM	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper