

March 2023


SOUTHVIEW
 SENIOR COMMUNITIES



Embracing life. Enriching lives.

Willows of Ramsey Hill

80 North Mackubin St. St. Paul, MN 55102

Chef / Reservations: 651-313-5486

Email: bethmchenry@willowsoframseyhill.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>	<p>1</p> <p>Noontime Dinner Meatloaf Dinner with Roasted Sweet Potato and Fresh Vegetable Du Jour</p> <p>Evening Supper Chicken and Vegetable Pot Pie with Flakey Puff Pastry Crust</p>	<p>2</p> <p>Noontime Dinner Guinness Irish Stew with a Warm Biscuit</p> <p>Evening Supper Bowl Of Ham Wild Rice Soup with A Warm Dinner Roll</p>	<p>3</p> <p>Noontime Dinner Broiled Shrimp Scampi with Rice and Fresh Vegetables</p> <p>Evening Supper Chicken and Dumplings with Peas and Pearl Onions</p>	<p>4</p> <p>Noontime Dinner BBQ Country Pork Ribs With Memphis Baked Beans and Potato Salad</p> <p>Evening Supper Orange Chicken and Rice with Japanese Vegetables and Egg Roll</p>
<p>5</p> <p>Noontime Dinner Sunday Pot Roast Dinner with Mashed Potatoes and Peas</p> <p>Evening Supper Tuna Pasta Salad with Peas and Cheese and Fresh Fruit</p>	<p>6</p> <p>Noontime Dinner Salisbury Steak, Sweet Potatoes and Fresh Vegetables</p> <p>Evening Supper Scalloped Potatoes with Ham and a Dinner Roll</p>	<p>7</p> <p>Noontime Dinner Chicken Mushroom Marsala with Buttered Potato Fresh Vegetable</p> <p>Evening Supper Hungarian Beef Goulash with Macaroni Pasta and a Warm Roll</p>	<p>8</p> <p>Noontime Dinner Chicken Chow Mein with Mein Noodles, Rice and Cream Cheese Wontons</p> <p>Evening Supper Coconut Breaded Shrimp with Tropical Rice and Poppy Seed Dipping Sauce</p>	<p>9</p> <p>Noontime Dinner Chicken Spaghetti with Green Peppers and a Dinner Roll</p> <p>Evening Supper Tavern Battered Cod with Tartar Sauce, Lemon and Tater Tots</p>	<p>10</p> <p>Noontime Dinner Baked Tilapia with Dill Hollandaise Sauce, Buttered Potato and Fresh Vegetable</p> <p>Evening Supper Chicken Salad Platter with Fresh Fruit and Crackers</p>	<p>11</p> <p>Noontime Dinner Vegetable Lasagna with Garlic Bread</p> <p>Evening Supper Swedish Meatballs and Gravy over Mashed Potatoes and Mixed Vegetables</p>
<p>12</p> <p>Noontime Dinner Roast Turkey Dinner with Mashed Potato, Stuffing, Gravy and Kernal Corn</p> <p>Evening Supper Tavern Battered Cod with Tartar Sauce, Lemon and Tater Tots</p>	<p>13</p> <p>Noontime Dinner Beer Battered Shrimp with Cole Slaw and French Fries</p> <p>Evening Supper Creamy Scalloped Potatoes with Ham</p>	<p>14</p> <p>Noontime Dinner Beef Stuffed Green Pepper and Rice in Tomato Sauce with Mixed Vegetables</p> <p>Evening Supper Guinness Irish Stew with Carrots, Onions and Celery</p>	<p>15</p> <p>Noontime Dinner Meatloaf Burgers with White Bean Salad</p> <p>Evening Supper Chili Cheese Hot Dog with Cheese Curds</p>	<p>16</p> <p>Noontime Dinner Bone In Spare Ribs with Baked Beans and Roasted Potatoes</p> <p>Evening Supper Prime Rib Burger on a Onion Roll with Cheese and French Fries</p>	<p>17 St Patrick's Day </p> <p>Noontime Dinner Beer Battered Cod with Crispy Potatoes and Fresh Vegetable</p> <p>Evening Supper Tuna Sandwich on an Onion Roll with Chips</p>	<p>18</p> <p>Noontime Dinner Balsamic Rosemary Beef Short Ribs with Mashed Potatoes</p> <p>Evening Supper Chicken Salad Sandwich on a Hawaiian Roll with Chips</p>
<p>19</p> <p>Noontime Dinner Pineapple Brown Sugar Ham with Sweet Potatoes and Green Beans</p> <p>Evening Supper Chicken Salad Sandwich on a Hawaiian Roll with Swiss Cheese and Chips</p>	<p>20</p> <p>Noontime Dinner BBQ Smoked Brisket with Cheddar Corn Bread Cole Slaw and Texas Baked Beans</p> <p>Evening Supper Fried Chicken Tenderloin with Waffles Dinner</p>	<p>21</p> <p>Noontime Dinner Cranberry Stuffed Chicken with Mashed Potatoes and Mixed Vegetables</p> <p>Evening Supper Minnesotan Tater Tot Casserole with Ground Beef, Gravy</p>	<p>22</p> <p>Noontime Dinner Homemade Lasagna with Garlic Toast</p> <p>Evening Supper Oven Baked Chicken Sandwich with Potato Salad</p>	<p>23</p> <p>Noontime Dinner Old-Fashioned Country Pork Roast with Apples, Gravy, Cheddar, Potatoes and Vegetables</p> <p>Evening Supper Cinnamon French Toast with Sausage and a Mini Muffin</p>	<p>24</p> <p>Noontime Dinner Lemon Dill Salmon with Fresh Vegetables and Rice Pilaf</p> <p>Evening Supper Sloppy Joe Sandwich with Onion Rings</p>	<p>25</p> <p>Noontime Dinner Penne Pasta Primavera with Meatballs in Sauce Rosa</p> <p>Evening Supper Turkey, Swiss Croissant with Cottage Cheese and Fresh Berries</p>
<p>26</p> <p>Noontime Dinner Sunday Brunch Eggs Benedict Casserole with Ham, Cheese and Hash Brown Potatoes</p> <p>Evening Supper Hearty Beef Stew with Root Vegetables, Potato and Fresh Baked Bread</p>	<p>27</p> <p>Noontime Dinner Spaghetti and Meatballs In Marinara with Garlic Bread</p> <p>Evening Supper Grilled Beer Bratwurst with Cole Slaw and Pickle</p>	<p>28</p> <p>Noontime Dinner Chicken Ala King over White Rice with Mushrooms and Onions</p> <p>Evening Supper Cheese Ravioli in Marinara Sauce with Garlic Toast</p>	<p>29</p> <p>Noontime Dinner Meatloaf Dinner with Roasted Sweet Potato and Fresh Vegetable Du Jour</p> <p>Evening Supper Chicken and Vegetable Pot Pie with Flakey Puff Pastry Crust</p>	<p>30</p> <p>Noontime Dinner Guinness Irish Stew with a Warm Biscuit</p> <p>Evening Supper Bowl Of Ham Wild Rice Soup with A Warm Dinner Roll</p>	<p>31</p> <p>Noontime Dinner Broiled Shrimp Scampi with Rice and Fresh Vegetables</p> <p>Evening Supper Chicken and Dumplings with Peas and Pearl Onions</p>	<p>Made to Order Breakfast</p> <p>Main Dining Room March 2nd March 9th March 16th</p> 