



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. REMINISCE</u> <u>2:30 p.m. BINGO!</u> <u>4:15 p.m. FINISHING LINES</u> <u>4:30 p.m. DINNER</u>	2 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. POLKA SPOTLIGHT</u> <u>2:30 p.m. BLACKJACK</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	3 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. HANGMAN</u> <u>2:30 p.m. COOKIE HOUR</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	4 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. MANICURES</u> <u>3:30 p.m. HYMN SING</u> <u>4:15 p.m. JUKEBOX JAZZ</u> <u>4:30 p.m. DINNER</u>	5 <u>8:45 a.m. MADE TO ORDER BREAKFAST</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. BINGO!</u> <u>2:30 p.m. ROOTBEER FLOATS</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	6 <u>9:30 a.m. MOTHER'S DAY MASSAGES</u> -1 st Floor <u>11:15 a.m. TRIVIA</u> <u>2:00 p.m. LIVE MUSIC:</u> <i>"Monroe Wright III"</i> -3 rd Floor <u>3:30 p.m. EXERCISE</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	7 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. CROSSWORDS</u> <u>2:30 p.m. BEAN BAG TOSS</u> <u>4:15 p.m. WOULD YOU RATHER?</u> <u>4:30 p.m. DINNER</u>		
8 <i>Celebrate MOM</i> <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. REMINISCE</u> <u>2:30 p.m. BINGO!</u> <u>4:15 p.m. FINISHING LINES</u> <u>4:30 p.m. DINNER</u>	9 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. POLKA SPOTLIGHT</u> <u>2:30 p.m. BLACKJACK</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	10 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. HANGMAN</u> <u>2:30 p.m. COOKIE HOUR</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	11 <u>9:30 a.m. STAY FIT</u> <u>10:00 a.m. COMMUNION</u> WITH TIM -3 rd Floor <u>11:15 a.m. TRIVIA</u> <u>1:00 p.m. MANICURES</u> <u>3:30 p.m. HYMN SING</u> <u>4:15 p.m. JUKEBOX JAZZ</u> <u>4:30 p.m. DINNER</u>	12 <u>10:00 a.m. STRETCH & STRENGTH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. BINGO!</u> <u>2:30 p.m. ROOTBEER FLOATS</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	13 <u>10:00 a.m. MORNING STRETCH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>2:00 p.m. MAY BIRTHDAY PARTY!</u> -1 st Floor <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	14 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. SING ALONG</u> <u>2:30 p.m. BEAN BAG TOSS</u> <u>4:15 p.m. WOULD YOU RATHER?</u> <u>4:30 p.m. DINNER</u>		
15 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. REMINISCE</u> <u>2:30 p.m. BINGO!</u> <u>4:15 p.m. FINISHING LINES</u> <u>4:30 p.m. DINNER</u>	16 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. POLKA SPOTLIGHT</u> <u>2:30 p.m. BLACKJACK</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	17 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. HANGMAN</u> <u>2:30 p.m. COOKIE HOUR</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	18 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. MANICURES</u> <u>3:30 p.m. HYMN SING</u> <u>4:15 p.m. JUKEBOX JAZZ</u> <u>4:30 p.m. DINNER</u>	19 <u>10:45 a.m. STRETCH & STRENGTH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>2:00 p.m. LIVE MUSIC:</u> <i>"Nigel Egg"</i> -3 rd Floor <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	20 <u>10:00 a.m. MORNING STRETCH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. BINGO!</u> <u>2:30 p.m. ROOTBEER FLOATS</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	21 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. CROSSWORDS</u> <u>2:30 p.m. BEAN BAG TOSS</u> <u>4:15 p.m. WOULD YOU RATHER?</u> <u>4:30 p.m. DINNER</u>		
22 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. REMINISCE</u> <u>2:30 p.m. BINGO!</u> <u>4:15 p.m. FINISHING LINES</u> <u>4:30 p.m. DINNER</u>	23 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. POLKA SPOTLIGHT</u> <u>2:30 p.m. BLACKJACK</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	24 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. HANGMAN</u> <u>2:30 p.m. COOKIE HOUR</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	25 <u>9:30 a.m. STAY FIT</u> <u>10:00 a.m. COMMUNION</u> WITH TIM -3 rd Floor <u>11:15 a.m. TRIVIA</u> <u>1:00 p.m. MANICURES</u> <u>3:30 p.m. HYMN SING</u> <u>4:15 p.m. JUKEBOX JAZZ</u> <u>4:30 p.m. DINNER</u>	26 <u>10:00 a.m. STRETCH & STRENGTH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>2:00 p.m. LIVE MUSIC:</u> <i>"Darlin Jesse"</i> -1 st Floor <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	27 <u>10:00 a.m. MORNING STRETCH</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. BINGO!</u> <u>2:30 p.m. ROOTBEER FLOATS</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>	28 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. SING ALONG</u> <u>2:30 p.m. BEAN BAG TOSS</u> <u>4:15 p.m. WOULD YOU RATHER?</u> <u>4:30 p.m. DINNER</u>		
29 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u>  <u>1:00 p.m. REMINISCE</u> <u>2:30 p.m. BINGO!</u> <u>4:15 p.m. FINISHING LINES</u> <u>4:30 p.m. DINNER</u>	30 <u>10:00 a.m. STAY FIT</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. POLKA SPOTLIGHT</u> <u>2:30 p.m. BLACKJACK</u> <u>4:15 p.m. MUSIC MELODY</u> <u>4:30 p.m. DINNER</u>	31 <u>10:00 a.m. EXERCISE</u> <u>11:15 a.m. TRIVIA</u> <u>11:30 a.m. LUNCH</u> <u>1:00 p.m. HANGMAN</u> <u>2:30 p.m. COOKIE HOUR</u> <u>4:15 p.m. ROCK & ROLL</u> <u>4:30 p.m. DINNER</u>					<p>The Willows of Ramsey Hill 80 North Mackubin Street, St. Paul MN</p> <p>May 2022</p> <p>1st Floor Garden Cove</p>	



1st Floor

Contact Alissa Huebsch, ACTIVITY DIRECTOR at [651-313-5483](tel:651-313-5483) for any additional information.

** PLEASE CHECK DAILY POSTINGS FOR ANY SCHEDULE CHANGES. TIMES MAY VARY ON CALENDAR OCCATIONALLY DUE TO TENANT'S PREFERENCE.*